



ASSEMBLYWOMAN • DISTRICT 80

LORENA
Gonzalez ★



COVID-19 Testing is Now Available in San Diego County

As COVID-19 testing ramps up in our community and across California, I wanted to reach out today with an important update on a new local testing site and information on who San Diego County Public Health officials suggest should seek a test.

The California Department of Public Health recently set up a new COVID-19 testing site in Assembly District 80 located inside the former Sears at the Chula Vista Mall, at 565 Broadway, Chula Vista. Hours of operation: Tuesday through Saturday from 7 am to 6 pm

To find another testing location near you, [use this online map](#) . Testing is free and a doctor's referral is not required for testing, but an appointment is required. Appointments can be made [online](#) or by calling (888) 634-1123.

About 80% of people who get COVID-19 have mild to moderate symptoms. **If you are sick with mild to moderate symptoms, such as shortness of breath or fever, stay home and call your medical provider.** Your doctor will determine if you should be tested, recover at home, or get further medical evaluation. If you don't have a medical provider, call 2-1-1. If you are having a medical emergency, such as difficulty breathing, chest pressure, new confusion, or dehydration, call 9-1-1.

If your doctor does not have other means of testing you, they may refer you for an appointment at one of the County's testing sites. Testing for active infection is generally done using a swab to get a sample from your nose or throat.

While California is expanding virus testing capacity daily, **there are four specific groups that will get tiered priority for active infection testing, based on federal and state recommendations :**

Priority 1

- Hospitalized patients

- Healthcare workers, first responders, and other social service employees with symptoms
- Close contacts of people who are confirmed cases in high-risk settings, such as long-term care facilities.

Priority 2

- People with symptoms who:
 - Are 65 years and older
 - Have underlying medical conditions
 - Work in essential health and public safety jobs
- People without symptoms who:
 - Are entering group living sites such as long-term care facilities, homeless shelters, correctional facilities, or drug treatment programs
 - Are healthcare workers
- People with or without symptoms in other vulnerable populations, including people experiencing homelessness, people with HIV / AIDS, those in rural areas, people who are non-white / non-Hispanic, and older adults

Priority 3

- Other essential workers with symptoms
- Other essential workers without symptoms, especially during public health investigations and disease control activities in high risk settings

Priority 4

- People with mild symptoms in communities with high numbers of COVID-19 infections
- Surveillance testing of individuals without symptoms
- Surveillance testing of non-COVID-19 deaths

My office remains open to serve constituents of Mid-City and South San Diego County who may have questions on these updates and other important state resources. **To speak to someone over the phone, contact my District Office during regular business hours, Monday-Friday: (619) 338-8090. To reach someone by email, contact [Assemblymember.Gonzalez @ assembly.ca.gov](mailto:Assemblymember.Gonzalez@assembly.ca.gov) .**

You can find the latest information on [a variety of available local and state resources on my website](#) .

Stay safe. We will get through this together.

COVID-19 Testing Now Available in San Diego County

As testing for COVID-19 is increasing in our community and throughout California, I wanted to contact you today with a major update on a new local testing site and information on who San Diego County Public Health officials suggest they should look for. a test.

The California Department of Public Health recently established a new testing site for COVID-19 in Assembly District 80 located inside the formerly Sears building at the Chula Vista Mall, at 565 Broadway, Chula Vista. Hours of operation: Tuesday through Saturday from 7 am to 6 pm

To find another testing location near you, [use this online map](#) . The tests are free and a doctor's referral is not required to obtain a test, but an appointment is required. Appointments can be made [online](#) or by calling (888) 634-1123.

About 80% of people who have COVID-19 have mild to moderate symptoms. **If you are sick with mild to moderate symptoms, such as shortness of breath or fever, stay home and call your medical provider.** Your doctor will determine if you should be tested, if you can recover at home, or get further medical evaluations. If you don't have a medical provider, call 2-1-1. If you have a medical emergency, such as shortness of breath, chest pressure, new confusion, or dehydration, call 9-1-1.

If your doctor has no other means to discuss it, they can refer you for an appointment at one of the County's testing sites. Tests for an active infection are usually done with a swab to obtain a sample from the nose or throat.

While California is expanding virus testing capacity on a daily basis, **there are four specific groups that will have stratified priority for testing for active infection, based on federal and state recommendations :**

Priority 1

- Hospitalized patients
- Health workers, first responders, and other social service employees with symptoms
- Close contacts of people who are confirmed cases in high-risk settings, such as long-term care facilities.

Priority 2

- People with symptoms that:
 - Are 65 years or older
 - Have underlying medical conditions
 - Work in essential public health and safety jobs
- People without symptoms who:
 - They are entering group housing sites, such as long-term care facilities, homeless shelters, correctional facilities, or drug treatment programs
 - They are health workers
- People with or without symptoms in other vulnerable populations, including the homeless, people with HIV / AIDS, people in rural areas, non-white / non-Hispanic people, and older adults

Priority 3

- Other essential workers with symptoms
- Other essential workers without symptoms, especially during public health investigations and disease control activities in high-risk settings

Priority 4

- People with mild symptoms in communities with a high number of COVID-19 infections
- Surveillance tests of individuals without symptoms
- Non-COVID-19 Death Surveillance Evidence

My office remains open to serve constituents of Mid-City and South San Diego County who have questions about this latest news and other important state resources. **To speak to someone on the phone, please contact my District Office during regular business hours, Monday through Friday: (619) 338-8090. To contact by email, contact: [Assemblymember.Gonzalez @ assembly.ca.gov](mailto:Assemblymember.Gonzalez@assembly.ca.gov) .**

You can find the latest information on [a variety of state and local resources available on my website](#) .

Take care. Together we will overcome this.

Sincerely,



Lorena Gonzalez
Assemblymember, 80th District

[visit MY WEBSITE](#)

[send ME AN EMAIL](#)



Capitol Office:
State Capitol
PO Box 942849
Sacramento, CA 94249-0080
Tel: (916) 319-2080
Fax: (916) 319-2180

District Office:
1350 Front Street
Suite 6022
San Diego, CA 92101
Tel: 619-338-8090
Fax: 619-338-8099